

East Region Soccer League – Laws of the Game Summary (2010)



	U-13 L3	U-13 L4	U-14 L3	U-14 L4	U-15 L3	U-15 L4	U-16	U-17	U-18	U-21
Ball Size	#5	#5	# 5	# 5	# 5	# 5	# 5	# 5	# 5	# 5
Offside	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Kick-Ins	No	No	No	No	No	No	No	No	No	No
Goal Size (in feet)	24x8	24x8	24x8	24x8	24x8	24x8	24x8	24x8	24x8	24x8
Length of Halves	40	40	45	45	45	45	45	45	45	45
Minimum Players on Field	7	7	7	7	7	7	7	7	7	7
Maximum Players on Field	11	11	11	11	11	11	11	11	11	11
Maximum Players on Game sheet	18	18	18	18	18	18	18	18	18	18
Distance from Ball on Restarts (in yards)	10	10	10	10	10	10	10	10	10	10
Substitution on Stoppage of Play (Note 1)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Substitution on Throw-In at Request of Attacking Team (Note 2)	No	Yes	No	Yes	No	No	No	No	No	No
Substitution on Corner Kick at Request of Attacking Team	No	No	No	No	No	No	No	No	No	No
Substitution for Sent Off Players	No	No	No	No	No	No	No	No	No	No

Note 1: Goals, goal kicks, half-time and injuries are common to all age groups.

Note 2: If the team who is allowed to substitute does so, the other team can also substitute at the same time. All substitutions must be done at the halfway line.

East Region Cup Differences: U13 to U15 – 2 x 40 minutes halves. No substitutions will be permitted on a throw-in.

For more information, please contact admin@ersl.ca